

90-DAY PRESCRIPTION FILLS

Filling your maintenance medications just got easier

You have a lot going on. Taking your medication every day and remembering to pick up your refill every month isn't always easy. We can help.

More choice

Under your pharmacy plan, you can choose to fill your maintenance medication in a 90-day or 30-day supply at any pharmacy in your network. Maintenance medications are taken regularly, over time, to treat an ongoing health condition, such as diabetes, high blood pressure, cholesterol or asthma.



You choose! 90-day or 30-day supply.



Why fill a 90-day supply?

Filling your prescriptions in a 90-day supply may help you stay healthy because having a 90-day supply of your medication on-hand typically means you're less likely to miss a dose.* It also means you can make fewer visits to the pharmacy to refill your medication, and depending on your plan, you may be able to save money by filling your prescriptions 90-days at a time.

Where you can fill a 90-day prescription

You can fill your 90-day prescription at any pharmacy in your network. There are thousands of retail pharmacies in your network. They include local pharmacies, grocery stores, retail chains and wholesale warehouse stores - all places where you may already shop! If you prefer the convenience of having your medications delivered to your home, you can also use Cigna Home Delivery PharmacySM to fill your prescriptions.**

Together, all the way.[®]



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

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Prefer to have your medications delivered to your door?

Then Cigna Home Delivery Pharmacy may be right for you!** We'll deliver your medication to you at the location of your choice. And standard shipping is always free. No more waiting in line at the pharmacy! For more information, please call Customer Service **800.285.4812**, or visit **Cigna.com/home-delivery-pharmacy**.

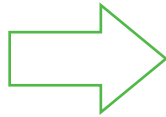


Questions?

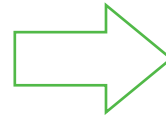
Please call Customer Service at **800.Cigna 24 (800.244.6224)**. We're here to help.



Get a 90-day prescription for your medication



Take your prescription to any retail pharmacy in your network, or mail to Cigna Home Delivery Pharmacy**



Receive your medication in a 90-day supply for convenience

* Internal Cigna analysis performed March 2016, utilizing 2015 Cigna national book of business average medication adherence (customer adherent > 80% PDC), 90-day supply vs. those who received a 30-day supply taking antidiabetics, RAS antagonist and statins.

** Plans vary, so some plans may not include Cigna Home Delivery Pharmacy. Please check your plan materials for more information on what pharmacies are covered under your plan.



Para obtener ayuda en español llame al número en su tarjeta de Cigna.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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