

# Group Long Term Disability Insurance

Group Long Term Disability insurance from Standard Insurance Company helps provide financial protection for insured members by promising to pay a monthly benefit in the event of a covered disability.

The cost of this insurance is paid by Mountain Health Center.

## Eligibility

Group Long Term Disability Insurance	This benefit is available to eligible employees. Contact your human resources representative or review your benefit certificate for specific eligibility requirements.

# Benefits

Monthly Benefit	60 percent of the first \$11,667 of monthly predisability earnings, reduced by deductible income (e.g., work earnings, workers' compensation, state disability, etc.)
Maximum Monthly Benefit	\$7,000
Minimum Monthly Benefit	\$100
Benefit Waiting Period	90 days
Definition of Disability	For the benefit waiting period and the first 24 months that Long Term Disability benefits are payable, you will be considered disabled if, as a result of physical disease, injury, pregnancy or mental disorder:
	<ul> <li>You are unable to perform with reasonable continuity the material duties of your own occupation, and</li> </ul>
	<ul> <li>You suffer a loss of at least 20 percent of your predisability earnings when working in your own occupation.</li> </ul>
	You are not considered disabled merely because your right to perform your own occupation is restricted, including a restriction or loss of license.
	After the own occupation period of disability, you will be considered disabled if, as a result of a physical disease, injury, pregnancy or mental disorder, you are unable to perform with reasonable continuity the material duties of any occupation.

### Maximum Benefit Period

If you become disabled before age 62, Long Term Disability benefits may continue during disability until age 65 or to the Social Security Normal Retirement Age (SSNRA) or 3 years 6 months, whichever is longest. If you become disabled at age 62 or older, the benefit duration is determined by the age when disability begins:

### Age Maximum Benefit Period

- 62 To SSNRA, or 3 years 6 months, whichever is longer
- 63 To SSNRA, or 3 years, whichever is longer
- 64 To SSNRA, or 2 years 6 months, whichever is longer
- 65 2 years
- 66 1 year 9 months
- 67 1 year 6 months
- 68 1 year 3 months
- 69+ 1 year

## Other Features and Services

- 24 hour coverage, including coverage for work-related disabilities
- Employee Assistance Program
- Reasonable Accommodation Expense Benefit
- Rehabilitation Incentive Benefit
- Rehabilitation Plan Provision

- Return to Work Incentive
- Survivors Benefit
- Temporary Recovery Provision
- Waiver of Premium while Long Term Disability benefits are payable

This information is only a brief description of the group Long Term Disability insurance policy sponsored by Mountain Health Center. The controlling provisions will be in the group policy issued by The Standard. The group policy contains a detailed description of the limitations, reduction in benefits, exclusions and when The Standard and Mountain Health Center may increase the cost of coverage, amend or cancel the policy. A group certificate of insurance that describes the terms and conditions of the group policy is available for those who become insured according to its terms. For more complete details of coverage, contact your human resources representative.

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