



We're here to help anywhere, anytime

## Your mobile app is now available!

Free • Convenient • On-the-Go Help

## 😤 Review Member Benefits

- Confidential support from Personal Health Advocates for healthcare and insurance-related issues
- Construction Get personalized help finding the right doctors, understanding diagnoses and treatment plans, addressing claims and billing issues
- One-Touch Calling: Talk to a Personal Health Advocate
- Quick Email Contact: Ask a question or address an issue
- 24/7 Member Website
  - Get personalized help improving your health and saving on healthcare costs
  - Instantly upload relevant documents and forms
  - · Get tips and reminders specific to your health needs and goals
  - · View your monthly member newsletter
  - Read the Health Advocate blog
  - Access trusted information on virtually any health topic like weight loss, pregnancy, first aid, chronic conditions



## 866.695.8622

Email: answers@HealthAdvocate.com Web: HealthAdvocate.com/members



## **HealthAdvocate**<sup>\*\*</sup>

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