

Your mobile app is now available!

Free • Convenient • On-the-Go Help



Review Member Benefits



Confidential support from Personal Health Advocates for healthcare and insurance-related issues



Get personalized help finding the right doctors, understanding diagnoses and treatment plans, addressing claims and billing issues



One-Touch Calling: Talk to a Personal Health Advocate

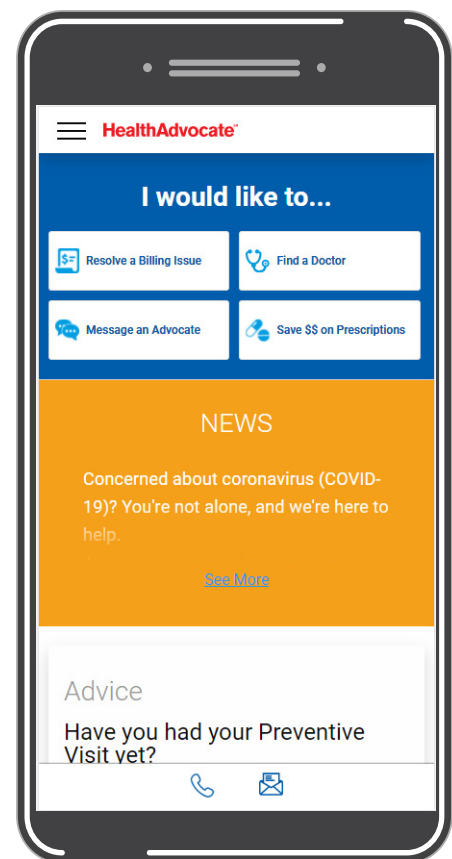


Quick Email Contact: Ask a question or address an issue



24/7 Member Website

- Get personalized help improving your health and saving on healthcare costs
- Instantly upload relevant documents and forms
- Get tips and reminders specific to your health needs and goals
- View your monthly member newsletter
- Read the Health Advocate blog
- Access trusted information on virtually any health topic like weight loss, pregnancy, first aid, chronic conditions



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