**General Vaccine Promotion Email**

**Subject line: Stay Healthy Year-Round – Get Your Vaccines!**  
Vaccines are a crucial part of staying healthy and preventing the spread of illnesses. Whether it’s the flu, COVID-19, or shingles, vaccines protect you and those around you from serious diseases.

**Are You Up to Date?**  
Use the [CDC’s Adult Vaccine Assessment Tool](https://www2.cdc.gov/nip/adultimmsched/) to see which vaccines you need based on your age, health conditions, and other factors. It’s a quick and easy way to make sure you’re doing everything you can to protect your health.

Why Vaccinate?

* Flu Vaccine: Protects you and those around you during flu season.
* COVID-19 Vaccine: Helps prevent severe illness and keeps our community safer.
* Shingles Vaccine: Prevents painful shingles outbreaks for adults 50+.

**Take Action**

You have options for where to get vaccinated! You can visit your provider’s office, local pharmacy, or even community health clinics. Some locations may offer walk-in services, but it’s always a good idea to call ahead.