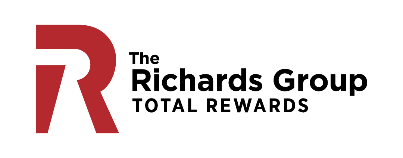
**Subject Line****: Mission Nutrition – Week 3**

**Attachments:**

* **Week 3 Guide**
* **Challenge Tracker**

**A close-up of a recipe

Description automatically generated**

**Submit your completed challenge tracker to Human Resources by**

**[Insert Date] to be entered into a prize raffle for [Insert Raffle Prize].**