**Subject Line: Mission Nutrition – Join the Challenge!**

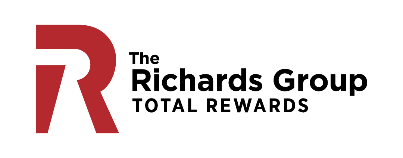
**A Gutsy Challenge to Reduce Inflammation**

**Enter Dates**

**A collage of different fruits and vegetables

Description automatically generated**

**Participants who submit their challenge tracker to Human Resources by**

**[Insert Date] will be entered into a prize raffle for [Insert Raffle Prize].**