**Subject Line:**

**Are you looking for a happiness boost? Join the Mindset Reset challenge!**

**Mindset Reset**

**4-week challenge**

**Enter Dates**

A group of llamas

Description automatically generated with medium confidence

**Participants who submit a completed challenge tracker to Human Resources**

Logo

Description automatically generated with medium confidence**by [Insert Date] will be entered into a prize raffle for [Insert Raffle Prize].**